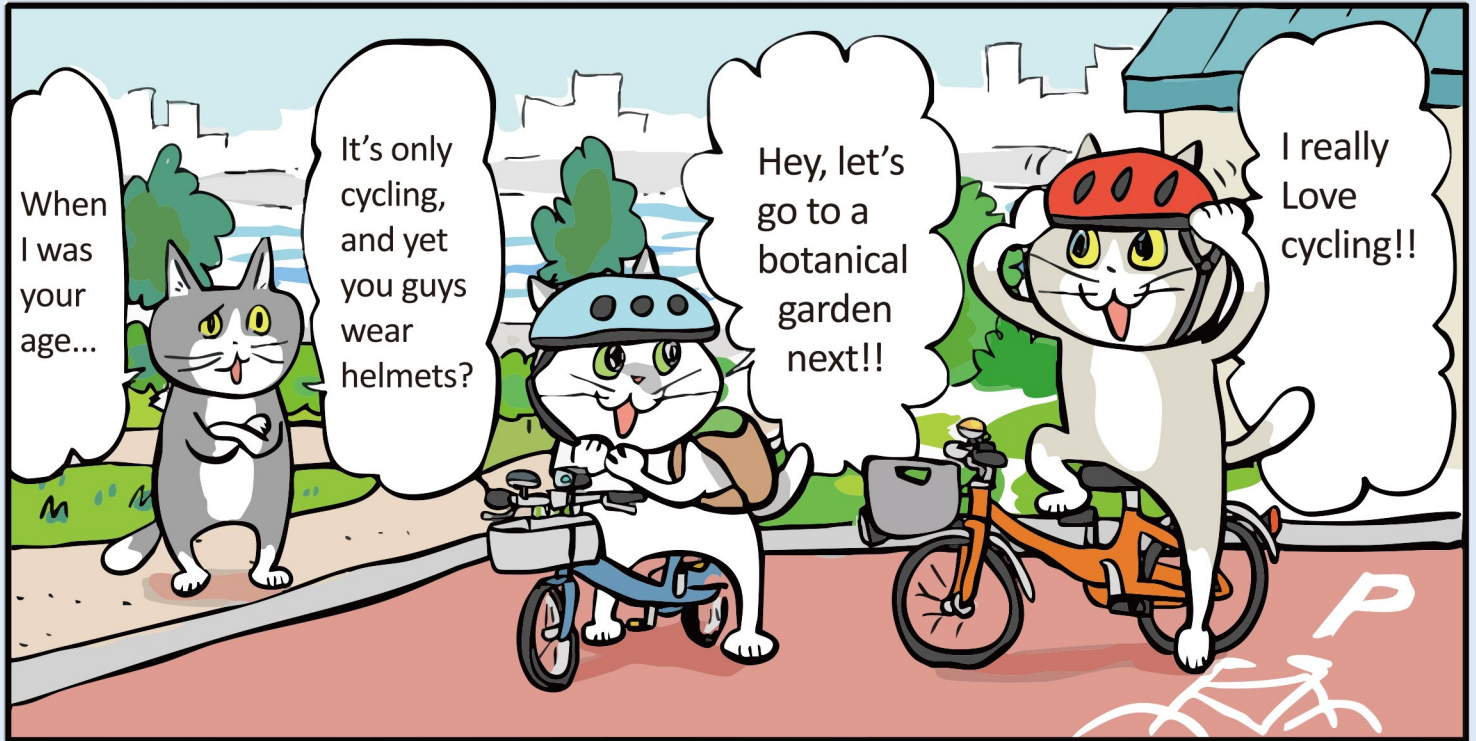




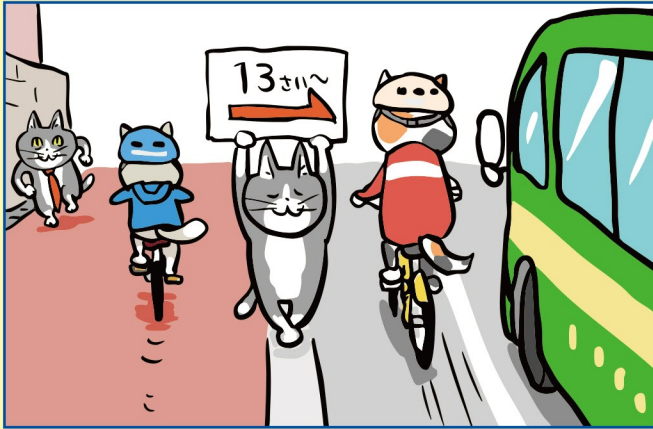
Let's ride bicycles properly!



1

CYCLE ON THE ROAD AND KEEP LEFT. IF YOU HAVE TO USE THE SIDEWALK, PEDESTRIANS HAVE THE RIGHT OF WAY.

In principle, cyclists must keep to the left on a road. If you're under 13 years old, however, you can ride on a sidewalk.



To parents and guardians

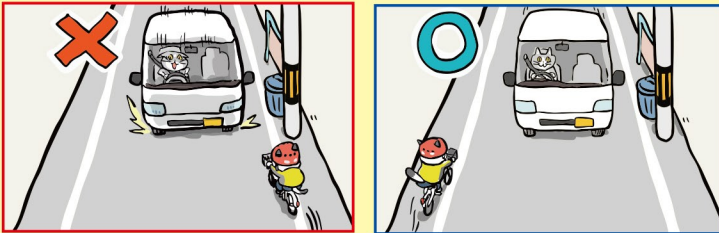
Cyclists aged 13 or older may ride on the sidewalk if there is a road sign signifying "EXCEPTIONAL SPECIFIED SMALL MOTORIZED BICYCLES, STANDARD BICYCLES AND PEDESTRIANS ONLY," or if using the sidewalk is necessary for safety.

Cyclists aged 70 or older and those with physical disabilities may also use the sidewalk.

(Art. 63-4 of the Road Traffic Act, Art. 26 of the Order for Enforcement of the Road Traffic Act, and the Rules on the Road Traffic)



● Keep to the left while riding on a road.



● Pedestrians have right of way on a sidewalk. When riding on the sidewalk, stay as close to the road as possible. Stop if your presence would impede pedestrian traffic.



3

TURN ON THE LIGHTS AT NIGHT.



Turn the bicycle light on after dark.

4

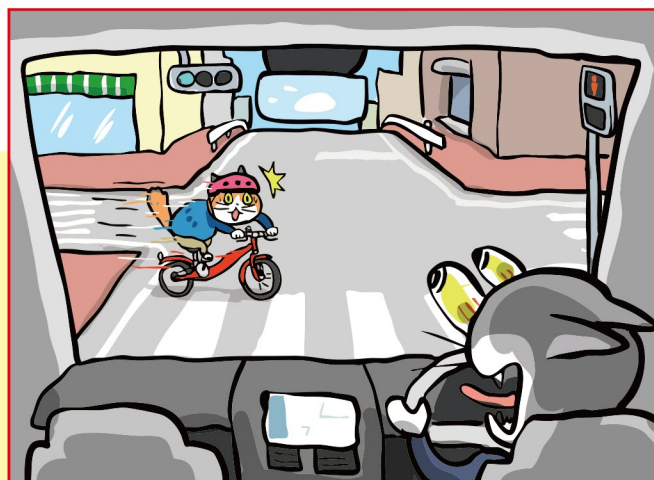
DON'T DRINK AND RIDE.

You must not drink and ride.



2

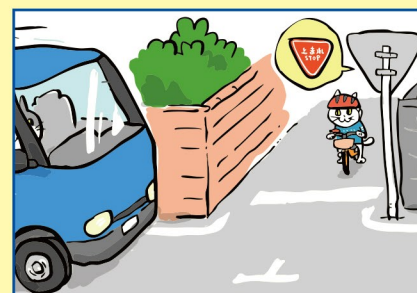
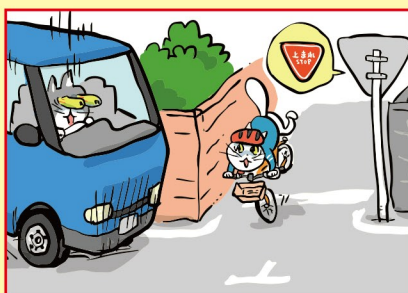
STOP AT A RED SIGNAL OR STOP SIGN AT AN INTERSECTION. LOOK BOTH WAYS BEFORE PROCEEDING.



● Follow the traffic lights.

LES FOR CLISTS

FIVE RULES FOR SAFE CYCLING



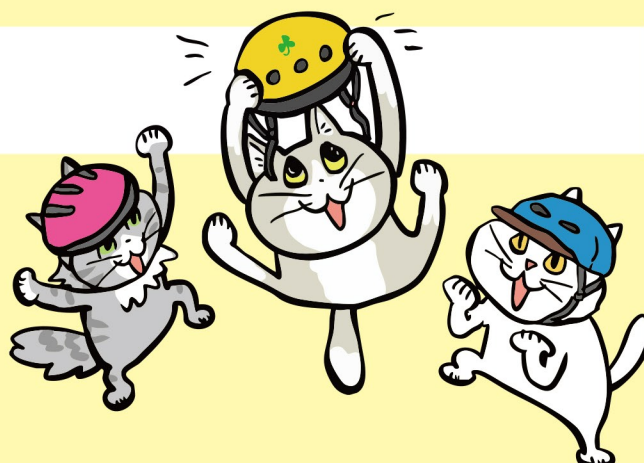
Always make a complete stop at a stop sign/road marking. Look both ways before proceeding.

5

WEAR A HELMET.



Put on a bike helmet before going out for a ride.



To parents and guardians

When you carry your children on your bicycle or when your children ride their bicycles, you must encourage them to wear helmets (Article 63-11 of the Road Traffic Act).

In order to reduce the risk of head injuries in road accidents, **parents and guardians, who are supposed to set a good example for children**, must wear helmets and encourage children to do the same.



PRECAUTIONS AT INTERSECTIONS OR PEDESTRIAN CROSSWALKS

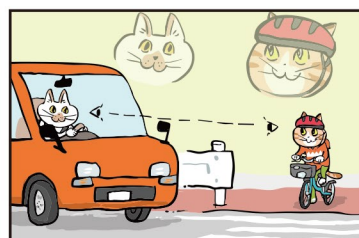
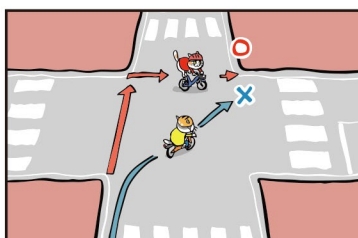


WHEN TURNING RIGHT AT INTERSECTIONS

Cyclists are not allowed to diagonally cross an intersection. When turning right at an intersection, you must keep to the left on the road and ride straight ahead onto the other side of the intersection. Ensure the safe proceeding and then turn at a right angle.

“when crossing intersections”

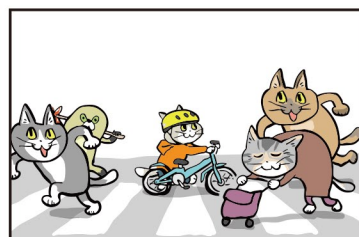
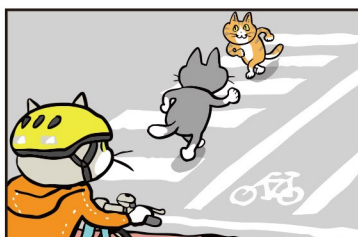
Check for eye contact with drivers before proceeding. You may be nearly invisible to drivers.



WHEN CROSSING PEDESTRIAN CROSSWALKS

●if there's a bicycle crossing lane distinguished by lines and bicycle symbols, you must ride on the lane.

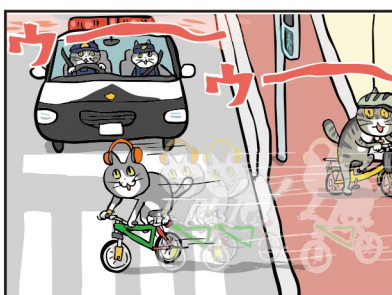
●At the place where there's no lane distinguished by lines and bicycle symbols, you can use a pedestrian crosswalk. When you think that you're impeding the flow of pedestrians, however, you must get off and walk the bicycle.



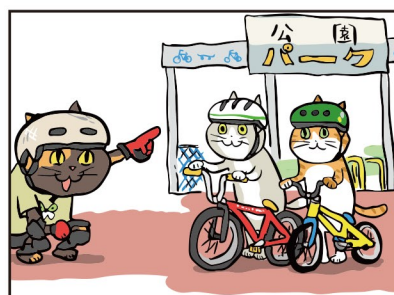
OTHER PRECAUTIONS



Don't ride while holding an umbrella or other things.



Don't listen to music through earphones with little regard for your surroundings.



Don't ride a bicycle without properly working brakes.

To parents and guardians

You should check for the safety of a bicycle that your child rides. If you find something wrong with it, bring it to a bicycle shop and ask the expert to check it. In Tokyo, you must enroll in insurance that enables you to compensate for damages to another person caused while riding a bicycle.

